

**Babe Ruth League, Inc.  
Southeast Regional Baseball Tournaments  
Tournament Pitching Rest Requirements**

**Every pitch delivered to a batter counts.  
This includes strikes, balls, foul balls, fair balls, and pitches that touch the batter.**

<b>TOURNAMENT PITCHING REST REQUIREMENTS</b>				
<b>LEAGUE</b>	<b>DAILY MAXIMUM (PITCHES IN GAME/DAY)</b>	<b>REQUIRED REST PERIOD</b>		
<b>AGE</b>		<b>0 Days</b>	<b>1 Day</b>	<b>2 Days</b>
<b>7-8*</b>	<b>50</b>	<b>1-20</b>	<b>21-35</b>	<b>36+</b>
<b>9-10</b>	<b>75</b>	<b>1-40</b>	<b>41-65</b>	<b>66+</b>
<b>11-12</b>	<b>85</b>	<b>1-40</b>	<b>41-65</b>	<b>66+</b>
<b>13-15</b>	<b>95</b>	<b>1-45</b>	<b>46-75</b>	<b>76+</b>
<b>16-18</b>	<b>105</b>	<b>1-45</b>	<b>46-75</b>	<b>76+</b>

\* Not applicable when a pitching machine is used.



**Babe Ruth League, Inc.**  
**Southeast Regional Baseball Tournament**  
**Pitch Count Log Record**

Age Group (circle): 9 10 11-70 12-60 12-70 13 14 13-15 16-18 Page \_\_\_\_ of \_\_\_\_

Team: \_\_\_\_\_

Field Nbr: \_\_\_\_\_ Location: \_\_\_\_\_

Date	Game #	Name of Pitcher	Circle the last pitch delivered in each inning and X out all prior pitches																																		
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	31	33	34	35
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	31	33	34	35
<b>Recorder Initials:</b>			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	31	33	34	35
<b>Recorder Initials:</b>			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	31	33	34	35
<b>Recorder Initials:</b>			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	31	33	34	35
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			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	31	33	34	35
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			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105

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